#### 2024 CPMB Bike Race - TEAM REGISTRATION





Join us MAY 11, 2024 Blue Cross Park, Winnipeg, MB

In 2024, CPMB is celebrating our 35th Annual Stationary Bike Race and our 50th Anniversary as an organization! Thank you for your support over the years BUT, we can only continue to enrich the lives of our Members with YOUR generous PARTICIPATION!

To register or if you have any questions, please call Susana today at 204.915.8844

Captains—Return before Feb. 1st, 2024, and you'll receive a gift when you:
a) Complete EARLY BIRD Team Registration OR
b) REFER A NEW TEAM

TEAM NAME	
If NEW Team, referred by Captain:	
CAPTAIN FIRST AND LAST NAME	CAPTAIN EMAIL
CAPTAIN PHONE NUMBER - WORK	CAPTAIN CELL and / or WORK NUMBER
CAPTAIN MAILING ADDRESS, CITY, POSTAL	CODE
FULL TEAM (14 Riders) orHALF TEAM	M (7 Riders) PREFER:AM ride orPM ride
Would you like to receive a Bike Race Welcom	me Package in advance of the Holidays?YES

Please return the completed form ATTN: Susana Schanel, Bike Race Coordinator to:

• bikerace@cerebralpalsy.mb.ca or fax to 204.982.4844 or

PROUD

• mail to CPMB, 903 - 213 Notre Dame Avenue, Winnipeg, MB R3B 1N3



### What is CPMB?

CPMB is an independent non-profit organization governed by a volunteer Board of Directors. The Association offers information, referral, support, advocacy and use of its library to anyone affected with Cerebral Palsy (CP) or to those interested in or working with people affected by CP.

How can I help CPMB?

**Your donations to CPMB** stay in Manitoba to enrich the lives of individuals affected by CP

Your generosity supports programs, advocacy, education, peer support and grants for important mobility and communication equipment

SPONSOR or be a CAPTAIN/Enter a TEAM at our annual Bike Race fundraiser

Become a MEMBER or DONATE at cerebralpalsy.mb.ca







Saturday MAY 11, 2024 **Blue Cross Park** Winnipeg

Our major annual fundraiser, the CPMB Stationary Bike Race brightens our Members' lives and keeps our Association's lights on! SPONSOR or ENTER A TEAM for our 35th annual Bike Race on May 11. 2024—CONTACT Susana at 204.915.8844 to SIGN UP TODAY!



## What is CP?



#### **CP is NOT:**

- contagious,
- hereditary, or
- life-threatening

Damage to the brain during pregnancy through age 3 may result in CP

I of every 500 babies and up to I in 3 premature babies are affected by CP to some extent

A term used to describe a group of disorders affecting muscle coordination and body movement

Covers a broad span of disability from a slight speech impediment (mild) to cases of virtually no muscle control (severe)

It's estimated that over 50,000 Canadians have CP

# Get involved with CPMB today! Contact us to learn more:

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Executive Director
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Susana Schanel Bike Race Coordinator Cell: (204) 915-8844 bikerace@cerebralpalsy.mb.ca



THANK YOU from

