



**CEREBRAL PALSY  
ASSOCIATION  
OF MANITOBA**




# What is CPMB?

CPMB is an independent non-profit organization governed by a volunteer Board of Directors. The Association offers information, referral, support, advocacy and use of its library to anyone affected with Cerebral Palsy (CP) or to those interested in or working with people affected by CP.



# How can I help CPMB?

 **Your donations to CPMB** stay in Manitoba to enrich the lives of individuals affected by **CP**

 **Your generosity supports** programs, advocacy, education, peer support and grants for important mobility and communication equipment

 **Become a CAPTAIN and Enter a TEAM** at our annual Bike Race fundraiser

 **Become a MEMBER or DONATE** at [cerebralpalsy.mb.ca](http://cerebralpalsy.mb.ca)



**Cerebral Palsy  
STATIONARY  
bike race**

Our major annual fundraiser, the CPMB Westman Stationary Bike Race brightens our Members' lives and keeps our Association's lights on! **ENTER A TEAM** for our 31st annual Bike Race on April 26, 2025— **CONTACT Susana at (204) 915-8844 to SIGN UP TODAY!**

# What is CP?



**CP is NOT:**

- contagious,
- hereditary, or
- life-threatening

**Damage to the brain during pregnancy through age 3 may result in CP**



**1 of every 500 babies and up to 1 in 3 premature babies are affected by CP to some extent**

**A term used to describe a group of disorders affecting muscle coordination and body movement**

**Covers a broad span of disability from a slight speech impediment (mild) to cases of virtually no muscle control (severe)**

**It's estimated that over 50,000 Canadians have CP**



**Get involved with CPMB today!**

*Contact us to learn more:*

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**THANK  
YOU from**



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